



# HOW TO FIND A NETWORK DOCTOR NATIONWIDE



## Finding doctors, specialists, hospitals, and pharmacies is easy.

Simply go to the website below for the health plan you're interested in:

- EPO Plan (outside CA): [provider.bcbs.com](http://provider.bcbs.com); (Note: In the "Find your plan by prefix" window, enter UBT.)
- EPO Plan (within CA): [blueshieldca.com/networkppo](http://blueshieldca.com/networkppo)
- PPO Plan (outside CA): [provider.bcbs.com](http://provider.bcbs.com); (Note: In the "Find your plan by prefix" window, enter UBT.)
- PPO Plan (within CA): [blueshieldca.com/networkppo](http://blueshieldca.com/networkppo)

## How to find urgent or emergency care outside California

You are always covered for urgent and emergency care when away from home. To find providers in the U.S., visit [provider.bcbs.com](http://provider.bcbs.com) or call BlueCard Access at **(800) 810-BLUE (2583)** (**TTY: 711**). To find international providers, visit [bcbsglobalcore.com](http://bcbsglobalcore.com) or call the Blue Shield Global Core service center collect at **(804) 673-1177** from outside the U.S.

### Have questions?

If you need assistance, call the customer service number on your member ID card.

### **Language Assistance Notice**

For assistance in English at no cost, call the toll-free number on your ID card. You can get this document translated and in other formats, such as large print, braille, and/or audio, also at no cost. Para obtener ayuda en español sin costo, llame al número de teléfono gratis que aparece en su tarjeta de identificación. También puede obtener gratis este documento en otro idioma y en otros formatos, tales como letra grande, braille y/o audio. 如欲免費獲取中文協助，請撥打您 ID 卡上的免費電話號碼。您也可免費獲得此文件的譯文或其他格式版本，例如：大字版、盲文版和/或音訊版。

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