

health  chats

THE IMPORTANCE OF VACCINES



Sponsors





Dr. Rosemary Ku

Chief Medical Officer,
UnitedAg

MD, MBA, MPH



Today's Topics

01

COVID-19 Vaccine
Updates

02

COVID-19 Vaccine FAQs

03

General Adult Vaccine

04

UnitedAg Resources
Injection only

05

Q&A



COVID-19 Updates

Eligibility

- Primary series: 6 months +
- Boosters 5 years +

Newest vaccine option

Novavax

- Protein subunit
- Authorized for people 18 years +
- 2 doses, 3-8 weeks apart
- Not approved for boosters



COVID-19 Updates

Booster Recommendations For General Adults 18+

- mRNA vaccine preferred for booster doses
- Pfizer/Moderna
- Booster 5 months after last shot in primary series
- 2nd booster 4 months after first booster for people 50+ or immunocompromised

J&J

- Booster with Pfizer/Moderna 2 months after primary dose
- 2nd booster 4 months after first booster for people 50+ or immunocompromised

Novavax

- No booster recommendation yet



COVID-19 FAQs

Lots of vaccinated/boosted people are still getting COVID-19. Why should I stay up to date on my vaccines?

If I previously recovered from COVID-19, do I still need to be vaccinated?

If I'm currently sick with COVID-19, how long do I wait before my next dose?



COVID-19 FAQs

Do I have to wait between getting the COVID-19 vaccine and other vaccines?

When am I considered up to date on my COVID-19 vaccines?

Is it ever too late to get the vaccine (primary series or booster)?



Adult Vaccine Recommendations

- Influenza
- Shingles
- Pneumococcal
- Varicella
- Tetanus, diphtheria, pertussis (Tdap)
- Human Papilloma Virus (HPV)
- Hepatitis B





FIGHT THE FLU IN 2022

SCHEDULE YOUR ONSITE FLU
SHOT EVENT TODAY!

UnitedAg Resources



Onsite Flu Shots

hvaldovinos@unitedag.org

unitedag.org/wellness



costcohealthsolutions.com



Questions?

