

Preventing COVID-19

It's everyone's responsibility,
and we're here to help

Stay home.

Limit all your non-essential travels.

Unless you're going out for food, medicines or other essentials.



Watch for other symptoms.

Aside from fever, COVID-19 symptoms include cough, difficulty breathing, and fatigue.



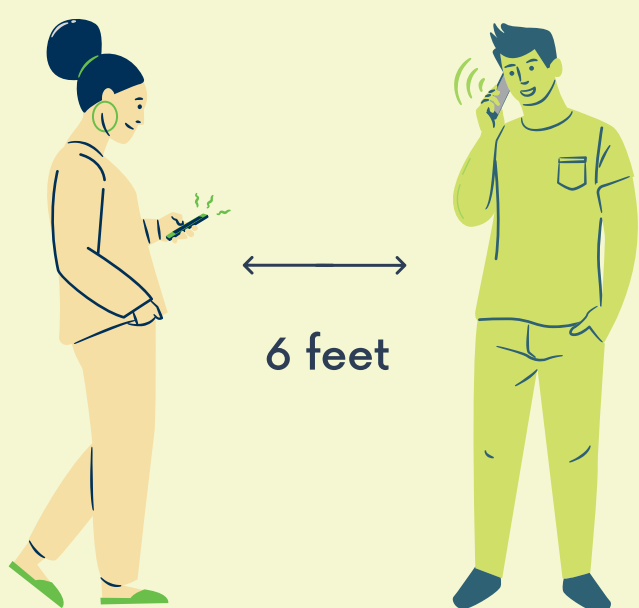
Wash your hands.

Practice good hand hygiene by washing your hands with soap and water or using alcohol or hand sanitizer.



Practice social distancing.

While at work and in public, maintain at least 6 feet of distance from others and wear a cloth mask (homemade is OK).



Call 877.877.7981 if you're sick.

Your membership includes access to teleconsults via our Health & Wellness Centers.

This benefit is at \$0 copay. Bilingual healthcare providers available



Stay informed.

This is a new virus, which means facts are changing rapidly. Check unitedag.org/coronavirus regularly for up-to-date resources.

