

UnitedAg, an agricultural trade association specialized in health benefits, has created an (FAQ) document to continuously update its membership with the latest information about health benefits and how it relates to the COVID-19 pandemic.

What are the symptoms of (COVID-19)?

Symptoms typically appear within 2 to 14 days after exposure to the virus. People with these symptoms may have COVID-19:

- Fever or chills
- Cough
- Loss of smell
- Shortness of Breath
- Fatigue
- Muscle or body aches
- Headache
- New loss of taste or smell
- Sore throat
- Congestion or runny nose
- Nausea or vomiting
- Diarrhea

This is not a complete list. Please consult with your medical provider for any other symptoms that are severe or concerning to you.

How is COVID-19 spread?

The virus is airborne and spreads from person to person, between people who are in close contact with one another (within about 6 feet) or through respiratory droplets produced when an infected person coughs or sneezes. You may be at greater risk if you have recently lived in, visited or traveled to a "COVID-19 hot spot" region where there are high levels of positive COVID-19 cases or if you come into contact with someone who has the virus.

How severe is the COVID-19 pandemic?

Many cases are mild but individuals with pre-existing conditions (like heart and lung diseases or diabetes) are especially vulnerable.

Currently there has been a dramatic increase in the number of cases involving younger patients. The following is the current percentage of cases in California by age:

- Under 18 8%
- 18-34 35%
- 35-49 25%
- 50-59 14%
- 60-64 5%
- Over 65 12%

All ages, especially the elderly are encouraged to practice "self-quarantine" or "isolation" to avoid exposure to the virus.

How do I protect myself and my family?

Basic measures to stay healthy include washing your hands frequently for 20 seconds, maintain social distance (6 ft) from others, wear a mask (or face covering to avoid the spread of respiratory droplets), avoid touching your eyes, face, nose, mouth and stay away from others who are sick. If you experience fever, cough, and difficulty breathing please seek medical attention immediately. **Call ahead before you go to a UnitedAg Health Center, doctor's office or emergency room.**

All businesses (grocery stores, container stores, bodegas, restaurants, etc.) are now requiring all clients to wear face masks.

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When should I seek medical attention?

If you have any of these emergency warning signs* for COVID-19, seek medical attention immediately:

- Trouble breathing
- Persistent pain or pressure in the chest
- New confusion or inability to arouse
- Bluish lips or face

***Call 911 if you have a medical emergency.** Notify the operator that you have, or think you might have, COVID-19. If possible, put a cloth face covering before medical help arrives.

What do I do if I or someone I know has symptoms of COVID-19?

If you or someone you know suspects symptoms of COVID-19, contact the UnitedAg Wellness Center at 877.877.7981 and ask to speak with the health providers or call Teladoc at 1.800.Teladoc. **Should you develop difficulty breathing call 911.**

What should I do if I believe I may have come in contact with someone who has tested positive for COVID-19?

If you believe you may have come in contact with someone who has tested positive for COVID-19, contact the UnitedAg Health and Wellness Centers by calling 877.877.7981.

Upon contacting our health centers, you will be asked a series of questions to rule out other possible causes of respiratory illnesses. Once the health provider determines the possible type of illness, they will schedule an appointment at the wellness center nearest you for follow up and possible testing.

What benefit assistance does my health plan offer for COVID-19?

UnitedAg has adopted the following plan benefit changes:

- COVID-19 testing with a physician or physician's assistant order / prescription. Testing will be covered at 100% with no deductible, coinsurance or co-payment.
- Telehealth services for COVID-19 benefits reimbursed at 100% with no deductible, coinsurance or copayment required (also available for HSA benefit plans until September 30).
- No pre-authorization of COVID-19 testing required but must be physician recommended.

If I have questions regarding my health benefits and testing for COVID-19, who should I contact?

For questions regarding health benefits and services you should contact our bilingual Member Services Department at 800.223.4590 or email memberservices@unitedag.org.

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How can I locate a health facility that is conducting COVID-19 testing?

Testing for the Coronavirus disease is now available at a number of public health, commercial labs and UnitedAg Health and Wellness Centers however broad scale testing is not available. Testing for COVID-19 is a medical test that needs to be conducted by a licensed health care provider who will determine the medical necessity based on the signs, symptoms, and history of patient. **Call ahead before you go to any health facility.**

**All inquiries made to the UnitedAg Health and Wellness Centers are pre-vetted and will take all symptoms and travel exposures into consideration.*

What is the cost for a COVID-19 test under my health benefit plan?

UnitedAg (UABT) will waive all costs for COVID-19 testing. There will be no out-of-pocket costs to you or your eligible dependents for FDA-approved COVID-19 tests. In addition, there are no out-of-pocket costs for health care provider visits (in and out of network), urgent care visits and emergency room visits that may result in the administration of the test.

**You will be responsible for standard out-of-pocket expenses for the treatment of COVID-19.*

How will my health care provider know that my health plan is waiving cost-sharing for COVID-19 testing and screening?

Most health care providers are aware of the no cost for COVID-19 testing, but if there are any questions, you or your provider can call the Member Services Department at 800.223.4590 between the hours of 6:30 a.m. to 5:30 p.m. Monday through Friday and 7 a.m. to 3:30 p.m. Saturday.

How will UnitedAg ensure that there are medical providers available to provide access to medical care?

Your health plan offers several options for you to receive proper medical care. You can call or visit a UnitedAg Health and Wellness Center; schedule a medical consultation via telephone or skype using Teladoc or receive medical care from a Blue Shield of California contracted provider.

**First Health applies outside of CA & SAIN Medical Network in Mexico*

If you are unable to utilize any of these options for medical care, you can seek care from a non-contracting provider. Be aware, however, that there may be a greater out-of-pocket expense if you utilize a non-contracting provider. However, if there are no contracting providers in your area, "Special Circumstances" will apply. For more information please refer to the Summary Plan Description for more details.

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Is telemedicine an option to seek medical care for COVID-19?

Telemedicine is an ideal option for seeking medical care regarding COVID-19. From the comfort of your own home access Teladoc our telemedicine partner. Teladoc can help answer questions about the disease, evaluate risk and provide support by phone or video and help relieve symptoms for affected patients. To schedule your free consult call 1.800. Teladoc.

What resources are available to me if I'm feeling anxious, depressed or stressed due to COVID-19?

Spring Health, our new mental health network, can provide you with a wide range of resources to meet nearly any need and help you figure out what might work best for you. This benefit is available at zero cost for all UnitedAg health plan participants.

Visit UnitedAg's Spring Health Portal at <https://unitedag.springhealth.com> to get started.

Who should I contact if I'm experiencing delays with authorizations or pharmacy refills?

Members experiencing issues are encouraged to contact our Member Services Department at 800.223.4590.

Can I request delivery before a prescription is filled or when I get a refill reminder?

You can only request to have a prescription delivered when it has been filled and is ready for pickup. You can request delivery by calling the store, selecting a delivery option within the CVS Pharmacy app or through a link via an "order ready" text message. If you are experiencing any issues, please contact our Member Services Team at 800.223.4590.

Am I eligible for unemployment if I am furloughed, terminated?

Yes. Unemployment benefits are available to individuals who are unemployed through no fault of their own. If an employer must shut down operations and no work is available, employees would be eligible for unemployment benefits if they meet the criteria.

To apply for Disaster Unemployment Assistance:

www.edd.ca.gov/unemployment/disaster_unemployment_assistance.htm

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What can I do if I am laid-off or furloughed during the COVID-19 pandemic and my employer does not continue my health benefits?

If you lose your health care benefits because you are furloughed or laid-off, you have a few options for continuing your health care benefits.

UnitedAg (UABT) will offer you the opportunity to continue your benefits through COBRA. When your employer notifies UnitedAg that you are no longer working and receiving benefits, we will send you a letter explaining your COBRA rights and the costs for continuing your existing benefits. If you wish to continue your health benefits, you are responsible for paying your monthly contribution (premium).

The COBRA election period has been extended. Under COBRA, employees and dependents who lose active coverage as a result of a qualifying event, such as termination of employment or reduction in hours, normally have 60 days to elect continuation of coverage after receiving a COBRA election notice. Under the new Department of Labor rule, the 60-day timeframe doesn't start until the end of the Outbreak Period.

**You may also be eligible to enroll in the California Exchange (Covered California), Arizona Exchange (Cover Arizona) or MediCal.*

If I am rehired, can I get my health benefits back immediately?

If you have been furloughed or laid-off during the Coronavirus pandemic and are rehired (within 13 weeks or less), you are eligible to re-enroll in UABT. Your benefits will be effective the first of the month following your rehire.