

# Eat well. Live well. Stay well.

Start a Nutrition visit by phone or video.



## You now have access to our new Nutrition service.

Talk to a registered dietitian for help with staying healthy, eating right, or managing a health condition like diabetes or high blood pressure.



Schedule your visit 7 days a week (7 a.m. to 9 p.m. local time)



Talk to a registered dietitian by phone or video



Get a personalized diet plan to meet your health needs

## Schedule your visit today for free

Visit [Teladoc.com/Nutrition](https://www.teladoc.com/nutrition)

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HSA Plans \$55.00 Consult Fee